

## **Brief Summary of The Olweus Bullying Prevention Program**

The Blackhawk School District cares about the safety and well-being of our students. We want to make sure each school in the district provides a comfortable place for students to learn. In order to make this happen, we are going to use a program called *The Olweus Bullying Prevention Program*.

*The Olweus Bullying Prevention Program* is the most researched and best-known bullying prevention program available. With over thirty-five years of research and successful implementation all over the world, *OBPP* is an integral component of school-wide programming that has been proven to prevent or reduce bullying throughout the school setting. *OBPP* is used at the school, classroom, and individual levels and includes methods to reach out to parents and the community for involvement and support.

The goals of *OBPP* are to reduce bullying problems and prevent new bullying problems from happening. The program also works to improve relationships among students. All students participate in the program, while students identified as bullying others or students identified as being bullied, receive additional individualized interventions. Also, students identified as witnesses to bullying behavior discover empowering strategies to act in a positive, safe way.

### **Links**

[www.olweus.org](http://www.olweus.org)

This is the official Olweus site! There is a tab entitled “Parents”, which has an abundance of detailed information about bullying. There are numerous resources listed that provide parents with suggestions and recommendations on how to help their child with bullying situations.

<http://stopbullyingnow.hrsa.gov/kids/>

This site, generated by The Department of Health and Human Services, features a section just for children and a section just for adults. Each section includes: webisodes, news, legal information, discussion questions, advice from experts in the field, as well as information on cyberbullying. There are various resources, such as, tip sheets, catalogs of resources, and partnership information, readily available on this site.

<http://www.stopbullyingnow.com/>

Stan Davis, a founding member of the International Bullying Prevention Association, has done extensive work on bullying and empowering the bystanders (witnesses). He has worked closely

with Dr. Dan Olweus, the founder of *The Olweus Bullying Prevention Program*. This site was created by Stan Davis and includes articles and resources about bullying prevention.

<http://www.pta.org/bullying.asp>

National Parent Teacher Association (PTA), the largest volunteer child advocacy association in the nation, presents bullying information on identifying and stopping bullying in your community.