Title: Five Axis Diagnosis for Psychological Disorders

Description: The purpose of this lesson plan is to teach high school students about the Diagnostics and Statistics Manual Five Axis Diagnosis and the importance of making a diagnosis. After participating in this lesson, students should understand what how to make a disorder diagnosis, and what each axis represents. The procedure of the lesson plan involves instruction about the DSM and diagnosis of a disorder, students reading vignettes and diagnosing disorders, and creating a website about how to do a five axis diagnosis.

Subjects: Psychology, Health, and Educational Technology

Education Level: High School (Grades 9-12)

Key Words: DSM, Psychology, Diagnosis, Lifestyle, Technology

Language: English

Introduction: The purpose of this lesson plan is to teach students who are at the high school level about the DSM, disorder diagnosis, and how to apply it to their own lives. These concepts are important for students to understand to better their knowledge of psychology and understanding people with psychological disorders. Students will learn that about three out of every ten people suffer from a psychological diagnosis. Incorporating the accretion learning domain and technology will help students to understand the material. No pre-requisites are required. The time required is one class period.

Group Size: The Whole Class

Learning Objectives: After completing this lesson, students will create a website to satisfy rubric requirements for demonstrating how to do a five axis diagnosis and give examples from real life.

Guiding Questions: Why is it important to create a website explaining a five axis diagnosis for psychological disorders?

Materials: The materials needed for this lesson plan are computers for each student in the class and a projector to display prezi presentations.

Procedures: Steps of the lesson plan:

1. Play a few youtube clips showing the students examples of different psychological disorders.
2. Present an outline of what the students will learn over the next two class periods.
3. Open a short Prezi presentation about how to create a website.
4. Open another Prezi Presentation about diagnosing disorder
   1. What is the DSM? What are the different types of Disorders? What is the five axis diagnosis? What does each axis represent?
   2. Give examples of diagnosis
5. For an in class assignment have students fill out vignette worksheets in pairs of two with what think the five axis diagnosis is for each case. Then, hold a class discussion about the correct answers and why.
6. After, I will explain the lesson project: Have students create a website including how to do a five axis diagnosis and give examples of disorders relevant to their lives.
   1. For disorders relevant to their lives they can pick psychological disorders of family members, friends, popular disorders that appear in movies, television shows, and books, etc. (accretion learning). Students give five examples.
7. The students will spend the rest of the class creating their website and conducting their own research about disorders that are relevant to their lives (accretion learning). If they have any work when the class period ends they will take it home for homework.
8. Then students will present their website. They will explain why it is important to know the five axis diagnosis for their own futures (accretion learning) and what disorders they chose to add to their website and why they chose these disorders (accretion learning).

Assessment: In order to assess what the students learn, during the second class period, the students will receive an assignment. The assignment will involve creating a website. On the websites the students will include what the five axis diagnosis is, what the parts of the five diagnosis axis are, and how to incorporate the five axis diagnosis in the real world. They will also include five examples of disorders that are relevant to their lives. With these disorders they will write a pretend vignette and a subsequent five axis disorder diagnosis. During the third class the students will present their website to the class.

Answer Key/Rubric: The rubric (out of 75 points) for the five axis diagnosis website will be as follows: Informative content/parts of the five axis diagnosis- 25 pts., how to incorporate the five axis diagnosis in the real world- 10 pts., five examples of disorders- 10 pts., one vignette for each disorder (five total vignettes)- 10 pts. Total (2 pts each), one five axis diagnosis for each of the disorders – 10 pts. total (2 pts. each); creativity (images, captivating appearance, etc.)- 10 pts.

Benchmark Standards:

Benchmark number: HE.912.C.1.8

Description: Analyze strategies for prevention, detection, and treatment of communicable and chronic diseases.