**Lesson Plan Template**

**I. Background Information**

* Title: Happiness
* Subject:Personality Development
* Grade(s):Vi-VII
* Group size: ⬜ any, ⬜ whole class, ✔ small group, ⬜ partners, ⬜ independent

**II. Description**

* Introduction: What is the lesson about?

It is about teaching children the true meaning of happiness.

* What are the objectives of the lesson? (i.e. Students will be able to…)

Students will be able to distinguish between short term and long term happiness

Students will learn about the factors that influence happiness

* Which ISTE student standards does the lesson target?

Creativity and innovation

Communication and collaboration

Research and information fluency

Critical thinking,Problem solving and Decision making

Digital citizenship

Technology Operations and concepts.

* How long will the lesson take to implement? (i.e., one 45 minute period, three 60 minute periods)

**One sixty minute period**

**III. Materials**

* What technology tools are required for the lesson? (Please include links to any podcasts, blogs, etc. required to teach the lesson.)

**Computer**

**Internet connection**

**Projector**

**camera**

* What additional materials are required for the lesson?

**IV. Procedures**

* Shall start the lesson with a small song related to smile and happiness

Ask children on their experiences about happiness

Take them into an inward journey to self and help them relate

- to a moment when their heart swelled with joy and,

\_to a moment when their heart was filled with guilt and shame

\_ make children visit blogging website and take notice of what others have to say on happiness

<http://www.personalitydevelopmentblog.com/2010/02/16/16-tips-for-happiness-in-life/>

<http://www.successsecrets.in/2009/11/14/how-to-achieve-success-and-mental-peace/>

**V. Assessment**

* Describe in detail how students will be assessed. Attach quizzes, answer keys, and evaluation rubrics (if needed).

Students will be asked to reply to the post on my blog

<http://talktomeghna.wordpress.com>

Question on the post

What is happiness?

and also refer important links on the said topic.

Based on the answers I shall grade the children between 1-10